



What are the biggest challenges in your game?

Rank these in order of importance (1 = This is my biggest challenge):

- Getting nervous / worrying about blowing it
- Thinking others are better than me
- Getting angry
- Getting down
- Trying too hard
- Worrying about letting others down / holding people up / being criticised
- Thinking about my swing too much

What's your biggest challenge? How long has this been going on for?

How many more times is it going to mess up your score?

Get in touch to find out how you can change it and improve your game.